

Broad Overview - Summer Schedule (2nd Page --> Fall Schedule)

Part 1: July 18 to 20, 2022 (3 days)

Part 2: August 15 to 17, 2022 (3 days)

10 am to 6:30 pm Eastern Time

ALTERNATE TIMEZONES:

9:00 am - 5:30 pm Central Time

8:00 am - 4:30 pm Mountain Time

7:00 am - 3:30 pm Pacific Time

July 18th, 2022	July 19 th , 2022	July 20 th , 2022
<ul style="list-style-type: none"> EMDR Therapy Overview Adaptive Information Processing Model Mechanisms of Action Trauma defined 3-Pronged Protocol Past Prong Phase 1 Phase 2 Phase 1 and 2 practicums Discussion, Q & A 	<ul style="list-style-type: none"> Phase 2 continued Phase 3 Phase 4 Back to Target SUDs BLS Abreactions Blocked Processing Process Interweaves Phase 3 and 4 practicums Closure Q & A 	<ul style="list-style-type: none"> Review Phase 5 Phase 6 Phase 7 Phase 8 2nd Prong 3rd Prong Future Template Working with Children Phase 5, 6, 7 & 8 practicum Future Template practicum Q & A

August 15th, 2022	August 16 th , 2022	August 17 th , 2022
<ul style="list-style-type: none"> Review Intro to complex trauma Phase 1 adaptations ACE Study Phase 2 adaptations Practicum Discussion, Q & A 	<ul style="list-style-type: none"> Phase 3 adaptations Phase 4 Cognitive Interweaves Plateaus EMD & EMDR Phase 5-8 review Special Situations Protocols Single traumatic events Disorder based protocol Anxiety Recent events Practicum Q & A 	<ul style="list-style-type: none"> Special Situations Protocols Phobias Complicated Grief Illness and Physical Disorders Pain Addictions Special populations Practicum Review Discussion, Q & A

*Because this training includes an experiential component, you must be prepared to work on your own personal issues in practice sessions.

*You will be expected to begin the use of EMDR Therapy with at least two cases during the course of this training to be given a certificate of completion.

*If you will be unable to practice EMDR with clients, you will be unable to complete the consultation portion of the training and may want to wait until you have clients in which you can practice EMDR with.

Broad Overview - Fall Schedule

Part 1: Oct 5 to 7, 2022 (3 days)

Part 2: Nov 30 to Dec 2, 2022 (3 days)

Didactic: 10:00 am - 1:30 pm Practicum: 2:30 pm - 6:30 pm Eastern Time

ALTERNATE TIMEZONES:

Didactic: 9:00 am - 12:30 pm

Didactic: 8:00 am - 11:30 am

Didactic: 7:00 am - 10:30 am

Practicum: 1:30 pm - 5:30 pm Central Time

Practicum: 12:30 pm - 4:30 pm Mountain Time

Practicum: 11:30 am - 3:30 pm Pacific Time

October 5 th , 2022	October 5 th , 2022	October 7 th 2022
<ul style="list-style-type: none"> • EMDR Therapy Overview • Adaptive Information Processing Theory • When to use EMDR Therapy • Benefits of EMDR Therapy • Standard protocol • Phase 1 & 2 • Facilitator-led group discussion: Case conceptualization and cognitions • Practice time! Dyads/triads 	<ul style="list-style-type: none"> • Standard protocol • Case conceptualization vignettes • Phase 2 continued • Affect Tolerance • Window of Tolerance • Container • Phases 3-7 • Facilitator-led group discussion • Practice time! 	<ul style="list-style-type: none"> • Review cognitions • Phases 1-7 • Phase 8 • 3-pronged approach • Facilitator-led group discussion: Case conceptualization and cognitions • Practice time!

November 30 th , 2022	December 1 st , 2022	December 2 nd , 2022
<p>Review:</p> <ul style="list-style-type: none"> ✓ Adaptive Information Processing System (AIP) ✓ 8 Phases ✓ 3 Prongs ✓ Negative Cognitions and Positive Cognitions ✓ Target Selections <p>Complex PTSD:</p> <ul style="list-style-type: none"> Working with Dissociation Case Conceptualization <p>Facilitator-led group discussion:</p> <ul style="list-style-type: none"> Case conceptualization and cognitions <p>Practice time!</p>	<ul style="list-style-type: none"> Trauma Cognitive Interweaves ACE Study Special Populations <p>Facilitator-led group discussion:</p> <ul style="list-style-type: none"> Case conceptualization and cognitions <p>Practice time!</p>	<p>Protocols for Special Situations</p> <ul style="list-style-type: none"> • Phobia • Grief <p>Special Populations:</p> <ul style="list-style-type: none"> • Compulsive Disorders • Illness and Physical Disorders <p>Facilitator-led group discussion</p> <p>Practice time!</p>

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